



PO Box 27
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www.hintoncenter.org

COVID Guidelines & Protocols for Mission Volunteers

**please provide this information to each participant*

Hinton Center is following the NC Department of Health and Human Services guidelines for overnight camp settings. For full details, please visit *Interim Guidelines for Overnight Camp Settings* at <https://covid19.ncdhhs.gov/guidance#general-guidance>

Vaccination:

Vaccination is currently the leading public health prevention strategy to end the COVID-19 pandemic. People who are up-to date on all recommended vaccines against COVID-19 are at lower risk of symptomatic or severe illness, including hospitalization or death. A growing body of evidence suggests that people who are up-to-date on all recommended vaccines against COVID-19 are also less likely to have an asymptomatic infection or transmit COVID-19 to others than people who are not up-to-date on all recommended vaccines against COVID-19.

Arrival Policy:

- **Participants who are not fully vaccinated are strongly recommended** to provide group leader proof of a negative viral test taken no more than 1–3 days before arriving at Hinton.
- **Fully vaccinated participants are strongly encouraged** to test no more than 1-3 days before arriving at Hinton.
- **If you have tested positive for COVID**, it MUST be past day 10 of symptom onset or testing positive before arriving at Hinton.
- It is the group leader's responsibility to gather this information and the information is not being collected by the Hinton Center directly.

Masks at Hinton:

- Participants/staff should wear a mask for 10 days following an exposure to a person with COVID-19, unless a mask use exemption applies.
- Participants/staff must wear a mask for at least 10 days after symptom onset or testing positive for COVID-19, unless a mask use exemption applies.
- **Participants/staff who are at high risk for severe disease, are unvaccinated or are not up to date on vaccines, should wear a mask in indoor settings.**
- Hinton Center supports all participants and staff who choose to wear a mask.
- Hinton Center has masks on site if needed; however, **each participant needs to bring a mask.**



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Masks on worksites:

Hinton Center recognizes that many of our neighbors are at high risk for severe disease and are of a vulnerable population. As such, we are **recommending participants to wear a mask when entering a neighbor's home (to use restroom, etc)**. If homeowner requests participants to wear masks indoors, please honor their request.

Monitoring and Managing Exposure:

Hinton Center is following NCDHHS and CDC guidelines for isolation / quarantine. It is up to the group to have individuals with symptoms tested and *let Hinton Center staff know immediately*. If someone tests positive, appropriate steps will be taken, and may include individual(s) being sent home. Groups are responsible for making these arrangements if needed. Hinton Center has tests on-site, but groups are encouraged to bring tests in case they're needed.

Cleaning, Hygiene, Ventilation:

Hinton Center is following NCDHHS and CDC guidelines, including but not limited to:

- Participants are encouraged to use own restroom facilities in lodging areas before coming to common area.
- Supporting healthy hygiene by providing supplies including soap and hand sanitizer.
- Reminding all of us to use proper hand hygiene, such as washing hands frequently with soap and water for at least 20 seconds (about as long as it takes to sing "Happy Birthday" twice).
- Wash hands: before and after eating meals and snacks; before and after any activities; after blowing noses, coughing, or sneezing or when in contact with body fluids; after using the restroom.
- Participants should cover coughs and sneeze into their elbows, or cover with a tissue.
- Avoid touching eyes, nose, and mouth.
- Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.

And one last note: Please be flexible! We are all in this together! 😊

Please note: Hinton Center may change any COVID-related guidelines at any time, based upon CDC, NCDHHS, and other local recommendations.

Updated 02/09/23